



TML: CS: BSE/NSE CORR: 2025-26/34

10<sup>th</sup> November, 2025

**Corporate Relationship Department**  
**BSE Limited**  
Floor 25, Phiroze Jeejeebhoy Towers  
Dalal Street, Mumbai- 400001  
**Scrip Code – 530199**

**Listing Department**  
**National Stock Exchange of India Limited**  
Exchange Plaza,  
Bandra Kurla Complex,  
Bandra (East), Mumbai- 400051  
**Symbol: THEMISMED**

Dear Sir / Madam,

**Sub: Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.**

Pursuant to the Regulation 30 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("SEBI Listing Regulations") read with SEBI Circular ref no. SEBI/HO/CFD/PoD2/CIR/P/0155 dated November 11, 2024, we would like to inform you that, Ms. Manjul Sandhu (DIN: 00330363) has completed her term as Independent Woman Director on 10<sup>th</sup> November, 2025 and consequently ceased to be the Independent Woman Director of the Company with effect from close of business hours of today i.e. 10<sup>th</sup> November, 2025.

The Board has placed on record its sincere appreciation for the valuable support and contribution made by Ms. Manjul Sandhu during her tenure as Independent Woman Director of the Company.

The requisite disclosure as required under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 read with circular No. SEBI/HO/CFD/PoD2/CIR/P/0155 dated November 11, 2024 is enclosed herewith as Annexure-A'.

The above information is also available on the website of the Company at [www.themismedicare.com](http://www.themismedicare.com)

This is for your information and record please.

Thanking you,

Yours faithfully,

For **Themis Medicare Ltd**

**Pradeep Chandan**  
**Director-Legal, Compliance & Company Secretary**

## **Themis Medicare Limited**

**Corporate Office:** 11/12 Udyog Nagar, S V Road, Goregaon (W), Mumbai – 400 104, India

**\*Tel.:** 91-22-67607080 **\*Fax:** 91-22-67607070/ 28746621

**Regd. Office:** Plot No. 69-A, G.I.D.C., Industrial Estate, Vapi-Gujarat

**CIN No.:** L24110GJ1969PLC001590 **\*Tel/ Fax No.:** **Regd. Off.:** 0260-2431447/ 2430219

**\*E-mail:** themis@themismedicare.com **\*Website:** www.themismedicare.com

### Annexure-A

| Sr. No. | Particulars                                                                                                                                             | Details                                                                                   |
|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| 1.      | Reason for change                                                                                                                                       | Completion of term as woman Independent Director of the Company.                          |
| 2.      | Date of appointment/ cessation                                                                                                                          | Effective from the close of business hours of today i.e. 10 <sup>th</sup> November, 2025. |
| 3.      | Brief profile                                                                                                                                           | Not Applicable                                                                            |
| 4.      | Disclosure of relationships between Directors (in case of appointment of a Director)                                                                    | Not Applicable                                                                            |
| 5.      | Information required pursuant to BSE Circular no. LIST/COMP/14/2018-19 and the NSE Circular no. NSE/CML/2018/24 both dated 20 <sup>th</sup> June, 2018. | Not Applicable                                                                            |

Names of the listed entities in which Ms. Manjul Sandhu holds Directorships indicating the category of Directorship and Membership of Board Committees before the cessation becoming effective:

| Sr. No | Name of Listed Company  | Category of Directorship                 | Membership of the Board Committee (s)                                                        |
|--------|-------------------------|------------------------------------------|----------------------------------------------------------------------------------------------|
| 1.     | Themis Medicare Limited | Non-Executive Independent Woman Director | Corporate Social Responsibility Committee (Member)<br><br>Risk Management Committee (Member) |

## Themis Medicare Limited

**Corporate Office:** 11/12 Udyog Nagar, S V Road, Goregaon (W), Mumbai – 400 104, India

**\*Tel.:** 91-22-67607080 **\*Fax:** 91-22-67607070/ 28746621

**Regd. Office:** Plot No. 69-A, G.I.D.C., Industrial Estate, Vapi-Gujarat

**CIN No.:** L24110GJ1969PLC001590 **\*Tel/ Fax No.:** **Regd. Off.:** 0260-2431447/ 2430219

**\*E-mail:** themis@themismedicare.com **\*Website:** www.themismedicare.com